



## FROM THE FRC

Welcome to the very first edition of the New York Mills (NYM) Family Resource Center Community Newsletter!

We are excited to begin sharing updates, resources, and opportunities designed to support and connect families in our community. As we prepare for the opening of the NYM Family Resource Center this fall, our goal is to create a space where all families feel welcomed, supported and empowered.

This newsletter is just one way we hope to stay connected with you. Inside, you'll find upcoming events, helpful resources, and ways to get involved. We are especially grateful to the families and community partners who are already helping shape this work.

We look forward to growing together and building something meaningful for New York Mills families.

- Sara Hotakainen  
FRC Coordinator



## NYM FRC CONSTRUCTION UPDATE

**Big things are happening!**

Construction begins this month with an anticipated **Fall 2026 Grand Opening!**



## FRC NEWS

### Parent Advisory Committee

Since January 2026, this group of local parents has been meeting monthly and is already helping shape FRC services. By bringing together parent voices, ideas, and experiences, the committee is ensuring the FRC reflects the needs and strengths of our community. The group also looks forward to guiding future events, resources, and opportunities for families.



Emily Roggenkamp, Lisa Uselman,  
FRC Coordinator Sara Hotakainen,  
Shell Tumberg & Kelly Tumberg



*Interested in joining? Let's connect!*



## UPCOMING EVENTS

**May 9 - Kids Garage Sale @ NYM School - 9 AM - Noon**

**May 9 - Loteria Night @ NYM Cultural Center - 5 - 7 PM**

**May 13 - Joe Beckman Parent/Community Event @ NYM School Auditorium - 6 PM**

**May 20 - Celebrating Cultures 2026 @ NYM Sculpture Park - 4 - 7 PM**



## DID YOU KNOW?

### NYM will be the first of four FRCs in Otter Tail County!

More locations are planned in Pelican Rapids, Parkers Prairie, Fergus Falls, and the list continues to grow!

## HOW FAMILY RESOURCE CENTERS SUPPORT FAMILIES



Parenting Support



Community Resources



Health & Wellness Classes



Academic Enrichment



Family Events & Activities

## WHAT WE'VE BEEN UP TO



### Free Books & Family Fun Day

Over 130 people joined us on Feb. 19 for crafts, snacks, socialization and resources at the NYM Public Library. 85 free books were given away to local children!



### Ham Bingo

The Family Resource Center was a proud sponsor of this fun event hosted by the NYM Community Education Foundation



### Prom Swap

Collaborative event with NYM School providing FREE prom apparel to NYM students.



### Reality Fair & Dental Outreach Clinic

Supported student learning and community health through local outreach efforts.



## PARENTING CORNER

### Serve & Return: You're Building Baby's Brain!



When your baby babbles, looks at you, or smiles - and you respond - you're building their brain! These back-and-forth moments build connection, language, and learning and help children feel safe, supported, and ready to learn. Every response matters!



#### REMEMBER:

You don't have to be perfect. *You just have to be present.*

## COMMUNITY RESOURCE SPOTLIGHT

### NYM Food Shelf - Summer Hours

Monday, May 18 9 AM - Noon & 4:30-6:30

Monday, June 29 9 AM - Noon & 4:30-6:30

Monday, July 27 9 AM - Noon & 4:30-6:30

Monday, Aug 31 9 AM - Noon & 4:30-6:30

400 S. Walker Ave. NYM



## KIDS CORNER

### Outdoor Scavenger Hunt

Get outside and explore!  
Can you find these signs of spring?

- A flower
- A bird
- Something green
- A bug
- A cloud

★ Draw what you find or check them off as you go. Enjoy time outside with your family this May!



## KIDS CORNER

### Plant & Observe

Let's grow something!  
Plant a seed (flower, bean, or anything you have). Water it and watch what happens!

You're a scientist this May!

#### Try this:

- What do plants need to grow?
- How many days until you see a sprout?
- Draw a picture of your plant each week!

## STAY CONNECTED!



Sara Hotakainen  
FRC Coordinator



218-847-1385 x174



shotakainen@mahube.org



<https://mahube.org/New-York-Mills-Family-Resource-Center>

NYM Family Resource Center  
City Center Building  
118 N. Main Avenue  
New York Mills, MN 56567