#### **Supportive Services:**

<u>A Place to Belong:</u> Fergus Falls: 218-739-0797

<u>Boys & Girls Club:</u> Perham: 218-346-2526

Empowering Kids: Perham: 218-346-2322

<u>Health Resources:</u> Fergus Falls: 218-736-6050

<u>Kinship Mentoring:</u> Fergus Falls: 218-998-9005

Lutheran Social Services MN: Fergus Falls: 218-321-0390

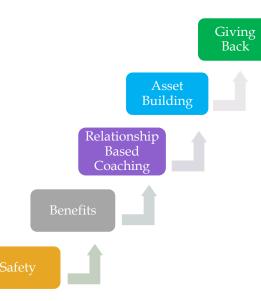
Otter Tail County Social Services: Fergus Falls: 218-998-8150 New York Mills: 218-385-5450

# How can I give back in my community?

- ✓ Learn about community volunteering with the AmeriCorps Seniors Programs
- ✓ Take a community leadership training
- ✓ Become a Kinship Mentor
- $\checkmark$  Volunteer at an animal shelter
- ✓ Join a community club
- ✓ Spend time as a Senior Companion

## What supports can MAHUBE-OTWA help you find in Otter Tail County?

- ✓ Helping pay for cost of childcare
- ✓ Finding someplace to live
- ✓ Helping pay for electric & heating bills
- ✓ Insulating a home
- ✓ Fixing a furnace or water heater
- ✓ Finding shelter & ending homelessness
- ✓ Getting children ready for kindergarten
- ✓ Family planning & birth control
- ✓ Assisting with Child Custody & Support
- ✓ Applying for health insurance
- ✓ Providing rental deposit assistance
- ✓ Starting a daycare business
- ✓ Finding a ride to appointments
- ✓ Providing health education
- ✓ Locating warm winter clothing
- ✓ Supporting food stability





### MAHUBE-OTWA Community Action Partnership, Inc

Whole Family Approach Resource Guide: Otter Tail County

218-739-3011

www.mahube.org

#### **Crisis Centers/Support:**

Crisis Line & Referral Services: 1-800-462-5525

Mobile Crisis Team: 1-800-223-4512

Fergus Falls: 218-739-2853

Someplace Safe:

#### National Suicide Hotline: 800-273-8255

National Crisis Text Line: Text "Home" to 741741

> Emergency Services: 911

### Mental Health Services:

Lake Land Mental Health Fergus Falls: 218-736-6987

<u>Solutions:</u> Fergus Falls: 218-998-2992

<u>The Village Family Services:</u> Fergus Falls: 701-451-4900

#### Chemical Dependency & Substance Abuse Support:

Community Addiction Recovery Center: Fergus Falls: 218-736-1800

<u>Rewind Center:</u> Perham: 218-346-6100

Food Support:

<u>MNFoodhelper.org</u> to apply or request a SNAP representative reach out to you.

#### Food Shelves:

Fergus Falls: 218-739-2971 \*Open Wednesdays & Fridays from 1:00pm – 4:00pm

Henning: 218-583-2136 \*Open Mondays 3:30pm to 5:00pm

New York Mills: 218-385-3339 \*Open last Monday of the month from 9:00am-12:00pm

Pelican Rapids: 218-863-3663 \*Open Tuesdays from 10:00am to 1:00pm

Perham: 218-346-6181 \*Open Tuesdays 8:00 AM – 12:00pm. First Tuesday of the month, extended hours: 8:00 am – 12:00pm, and 3:00 PM – 5:00 PM

<u>Ruby's Pantry:</u> Perham: 4th Saturday of the Month. Registration begins at 8:00 AM. Located at 500 6th Ave SW, Perham

Fergus Falls: 1st Monday of the Month. Registration begins at 5:30 PM. Located at 1319 N Cleveland Ave, Fergus Falls

#### Legal Aid:

<u>Guardianship Information Hotline:</u> 1-844-333-1748

<u>Home Line:</u> 1-866-866-3546

Legal Services of Northwest MN: Otter Tail County:1-800-450-2552



<u>MN CEP:</u> Fergus Falls 218-739-7675

**Employment:** 

**Education:** <u>Adult Education Services:</u> Fergus Falls: 218-998-0544 ext. 9202

Adult Basic Education: Perham: 218-844-5760

#### **Senior Services:**

<u>Meals on Wheels & Senior Center Dining:</u> Otter Tail County: 218-736-6842

<u>Senior Coordinators:</u> Otter Tail County: 218-998-8371

<u>Nutrition Assistance Program for Seniors</u> Call 877-281-3272 to register and find a location near you.

Senior Linkage Line:1-800-333-2433

#### **Veteran Services:**

<u>Veteran Service Offices:</u> Otter Tail County: 218-998-8605

Veterans Linkage Line:1-888-546-5838

**Disability Services:** Disability Hub: 1-866-333-2466



<u>Productive Alternatives:</u> Fergus Falls: 218-998-5630

